

**NORTHWEST REGIONAL EDUCATION SERVICE DISTRICT**  
**NORTHWEST OUTDOOR SCIENCE SCHOOL**  
**5825 N.E. RAY CIRCLE**  
**HILLSBORO, OREGON 97124**  
**Phone: (503) 614-1402 Fax: (503) 614-3182**

**CLOTHING & EQUIPMENT LIST FOR STUDENTS GOING TO WESTWIND**

Following is a **suggested** list of items to bring. Please **do not** put your family to any needless expense. Bring older clothing and equipment that you may already have around your home. The main thing is to have enough clothing so you can **keep warm** if the weather is cold and **keep dry** in case of rain. Choosing fleece (or another warm, quick-dry fabric) is better than cotton, which takes much longer to dry once wet. Your parents can help you decide what clothing is best to keep you clean, warm and dry.

Students and Parents: Please read the **Outdoor School Student Guidebook**, which is available on our website: [www.nwresd.k12.or.us](http://www.nwresd.k12.or.us), click on "Outdoor School" then "Student Forms & Guidebooks".

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**SLEEPING GEAR:**

- Warm sleeping bag and pillow
- Extra blanket if sleeping bag is light
- 2 Extra Large Garbage Bags (for packing)

**CLOTHING:**

- Shirts (2 or 3)
- Jeans or heavy pants (3 or 4 pair)
- Warm jacket
- Warm hat
- Sweatshirt (fleece is best)
- Underwear (3-4 changes)
- Socks (4-6 pair)
- Pajamas
- Extra pair of shoes
- Thermal Underwear/Long Johns
- Gloves



- WATERPROOF RAINCOAT**
- WATERPROOF BOOTS**
- WATERPROOF HAT/HOOD**

**TOILETRIES:**

- Bath towel
- Wash cloth & Hand towel
- Toothbrush and Paste
- Soap and container
- Comb/brush
- Sun Block Lotion (pack in a Ziploc to prevent mess)



**OTHER IMPORTANT GEAR:**

- Flashlight
- Water Bottle with tight fitting screw top
- Small Daypack
- Gallon-size Ziploc Bag (1-2 extra are helpful)
- Pencils (atleast 2 with sharp tips & erasers)

**OPTIONAL:**

- Camera
- Reading Book/Journal (for quiet cabin time)
- Letter writing materials:  
(Paper, envelopes, postcards, pencils, & **stamps**)
- Shorts – may only be worn at times approved by staff.
- Flip Flops/Water Sandles (for showering)

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**DO NOT BRING:** money, electronic items (mp3/ipods, **CELL PHONES** & video games), hair dryers, make-up, hair spray, perfume & body spray, matches & lighters, knives or things to eat—including candy or gum. Please leave bathing suits, tank tops and halter tops at home. Pack your gear in a suitcase or duffel bag. **DO NOT bring** a large backpack with an external frame. Your teacher will tell you about any other items you will need to bring.

**We recommend you mark your first & last name on ALL of your items with a permanant marker.**

**PLEASE LEAVE ALL "VALUABLE" ITEMS AT HOME.**

**OUTDOOR SCHOOL IS NOT RESPONSIBLE FOR ANY LOST OR STOLEN ITEMS!**

(OVER FOR ADDITIONAL INFORMATION)

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**SPECIAL INFORMATION FOR ODS AT CAMP WESTWIND**

When you go to Outdoor School at Camp Westwind, you will be entering a very special place. Even getting there is a very special experience. The only way into the camp is by boat across the mouth of the Salmon River or by hiking in a beautiful trail with old growth Sitka Spruce. Either way, when you arrive to this wild place, you may feel like you are the only kids who have ever been there.

Because Camp Westwind is so isolated, it is pretty rustic. There are some special things that you will want to bring to make your stay at Camp Westwind comfortable and memorable. On the back of this sheet is a list of suggested clothing and other items. Remember, the Oregon Coast can be cool and very rainy. You will want to make sure you have a good raincoat or poncho. There are no clothes washers or dryers for students to use, so have plenty of dry clothes to change into. It helps to bring clothes that will dry quickly (a fleece sweatshirt is better than a cotton sweatshirt). Because you will be studying in the tidepools and along the river bank, you will need waterproof rubber boots. Also, it's a good idea to bring one or two extra pair(s) of shoes.

The cabins are small and cozy, but be sure to bring a warm sleeping bag. An extra blanket is recommended for putting between your sleeping bag and mattress, and warm pajamas are very helpful.

If you have a small daypack to carry your water bottle, lunch and study materials, bring it along. You will use it every day. Because of extended periods of time on the beach and around the tidepools, sunscreen and a hat for keeping sun off your face is needed.

**VISITORS.** Because access to Camp Westwind is via a barge trip across the Salmon River Estuary, visitors must make arrangements with the Outdoor School Site Supervisor. Visitors are welcome to come to Westwind on the first day and cross into camp with the students. They will be able to have a short visit for a few minutes, then barge back out before the end of the crossing time.

**(OVER FOR PACKING LIST)**